

NAME – SWETA

Contact No:9026209492

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Career Objective:

Seeking a job to pursue a highly rewarding career and healthy work environment, where I can utilize my skills and knowledge efficiently for organizational growth. I am a creative and proficient individual with good communication and leadership skills. I wish to pursue a challenging job opportunity in a firm that can accommodate my competence and goal while providing me with the scope to use my strength and knowledge in the best way possible for companies' growth.

Profile Summary:

- An enthusiastic fresher with highly motivated and leadership skills having Master's in Business Administration in HR & Marketing.
- Eager to learn new technologies and methodologies.
- Always willing to innovate new things to improve existing technology.

Personality Traits:

- Highly motivated and eager to learn new things.
- Strong motivational and leadership skills.
- Ability to produce best result in pressure situation.
- Excellent communication skills in written and verbal both.
- Ability to work as individual as well as in group.

Academia:

- Currently pursuing Master's in Business Administration in HR & Marketing from Community Institute of Management Studies (CIMS), Jayanagar, Bengaluru.
- Completed B.COM with 57 % from DR.RAM MANOHAR LOHIA AWADH University in the year 2021.
- Completed 12TH with 83 % from ARMY PUBLIC SCHOOL FAIZABAD in the year 2018.
- Completed 10TH with 74% from ARMY PUBLIC SCHOOL school in the year 2016.

Academic Project Undertaken:

SOCIAL IMMERSION PROJECT in PG (3rd Sem)-

Duration – 1 Month

Project Title - STRESS MANAGEMENT TECHNIQUES AMONG WORKING WOMEN IN GARMENT FACTORY IN BANGALORE CITY

Description- The aim of the project is to identify stress management issues for women who are working in garment factories. The project will be oriented on recognizing and resolving the particular pressures that women in this industry frequently encounter. The project will involve identifying the primary stressors in garment factory, The project will include various effective stress management techniques such as support groups, mindfulness practices, and cognitive-behavioral methods. The ultimate objective of this project is to enhance the mental health and general well-being of women working in clothing factories in order to support a happier and more effective workforce. The project acknowledges the particular difficulties experienced by women in this field and seeks to meet their emotional and psychological needs in order to enable a happier and more effective workplace.

Technical Qualification:

☐ Soft Skills

- ☐ Problem-Solving
- ☐ Time Management
- ☐ Written/Verbal Communication (English and Hindi)
- ☐ Project management skills
- ☐ Planning and Coordination
- ☐ Adaptability
- ☐ Emotional intelligence
- ☐ Critical thinking
- ☐ collaboration

Computer Skills

- ☐ MS WORD

- ☐ PRESENTATION SKILLS
- ☐ BASIC EXCEL

Co-curricular activities

Participated in the fest and many co-curricular activities

- Treasure hunt
- Dancing
- Singing
- Being part of many cultural events in school like (rangoli, hospitality, Art exhibitions)
- Like to be in discussions and work with new people in different environment
- Part of festival management event
- Always like to take initiative in any new team work

Personal Details:

Father Name: Mr. Awadh Narayan

Languages Known: English, Hindi

DOB: 19th SEP 2000

Address: GUNATHA VIHAR DGQA RESIDENTIAL COMPLEX
BANGALORE (560006)

Reference:

Name: Miss MAMTHA

Designation: Placement head

Contact No: 9731022994

Signature: SWETA

Date: 12TH JULY